

# Meet Chef Monica



The culinary arts have been Monica Wachira's passion since she started learning to cook at age 5. She went on to study catering, and has worked in restaurants for more than 10 years.

Growing up in Kenya, it was common to take freshly picked produce from the garden straight into the kitchen to prepare meals. Now the owner of Monique's Hot Kitchen, Monica always chooses the most natural ingredients available because she believes that fresh, organic food not only tastes better, but also is healthier.

You'll love Monica's fresh flavors and warm hospitality!

## Natural, healthy meals

We make our food from scratch, using organic ingredients whenever they're available.

### Ordering information

Please order at least 7 days in advance. Minimum order is \$200, and orders may require a 50% deposit.

Delivery is available in Seattle, South King County, and Tacoma. Delivery fees will apply.



## Monique's Hot Kitchen

(206) 460-8536

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Kenyan  
Cuisine

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# Starters



## **Samosa** \$3 each

Savory pastry filled with your choice of lean beef or vegetables. Vegetable options: potatoes; green peas; or cabbage with carrots. 25-piece minimum order.

## **Mandazi** \$3 each

African doughnut. 25-piece minimum order.

## **Bhajia** \$60 half | \$120 full

Battered potato deep-fried with Indian spices.

## **Nduma** \$40 half | \$70 full

Boiled, salted taro root.

**Half trays serve  
15-20 people.  
Full trays serve  
30-40 people.**

# Sides

**Chapati** \$3 each  
Flatbread. 25-piece minimum order.

**Ugali** \$50 half | \$90 full  
Soft, mashed cornmeal bread.

**Cabbage** \$50 half | \$90 full  
Steamed fresh cabbage.

**Sukuma wiki** \$50 half | \$90 full  
Braised kale.



**Pilau rice** \$55 half | \$100 full  
Basmati rice with beef, ginger, and garlic. Choose from masala spices or turmeric.

**Steamed rice** \$50 half | \$90 full  
Long-grain Basmati rice.

**Salad** \$55 half | \$100 full  
Garden salad with lettuce, tomato, onion, cucumber, and your choice of dressing.

**Sliced fruits** \$55 half | \$100 full  
Fresh, seasonal fruits.

# Mains



**Mukimo** \$60 half | \$110 full  
Mashed potato with pumpkin leaf greens and corn.

**Beef stew** \$65 half | \$120 full  
Lean beef with potatoes, carrots, and green peas.

**Chicken curry** \$65 half | \$120 full  
Stewed chicken and spices.

**Egg curry** \$55 half | \$100 full  
Hardboiled eggs prepared with onions, tomato, green peas, garlic, and ginger.

## **Chai masala**

\$3 per serving, minimum 25



Spiced Kenyan  
tea with milk.  
Sweetened or  
unsweetened.